

Empowering YOU

Workshop Series for Women

Only
\$40



Fridays, 16, 23, 30 August & 6 Sep - 10am-12pm

Unlock your potential with "Empowering You," a transformative workshop series for women, designed to help you create a more empowering state of being. Through practical, hands-on sessions, we will explore ways to move with confidence, manage self-talk, find your authentic voice, and cultivate an empowering presence. Theresa from Theresa Perry Wellbeing will guide us on this journey to discover tools and strategies to lead a more fulfilling life. Don't miss this opportunity to empower yourself and make lasting changes!

Phone 96397918 to register

Learning in the Hills, Turner Buildings, Balcombe Heights Estate,
92 Seven Hills Road Baulkham Hills

